

**FOR IMMEDIATE RELEASE**

## **Sonic Boom Golf to Reveal Secrets to Hitting 300 Yard Drives and Playing Injury Free Golf**

*Less than 1% of all golfers can hit a golf ball over 350 yards in neutral conditions. Jason Krantz is part of the 1% who can hit 350+ yards and will be sharing his secrets to generating incredible golf power during a live TV interview on CLTV.*

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Elgin, IL -- August 10<sup>th</sup>, 2005 -- Jason Krantz, along with PGA Teaching Pro John Mueller, will appear on CLTV's Sports Page Live Golf Extra at 9PM on August 19<sup>th</sup>, 2005. This half hour segment will focus on how golfers of all levels can improve their driving distance and reduce their chances of injury with a minimum time investment.

"There are a number of things, both technically and non-technically, that any golfer can do to immediately and significantly improve their distance off the tee. Viewers will learn the variables that affect distance and what they can do to improve their ability to generate more power and hit farther off the tee," explained Jason Krantz, Certified Strength and Conditioning Specialist (CSCS), Long Drive competitor and Founder of Sonic Boom Golf.

The internet based golf conditioning company focuses on improving the physical capabilities of golfers by developing custom workout plans that will help participants improve golf performance, lose weight and get in better overall shape. All this contributes to better health, more energy, longer drives and lower scores.

The workouts are the core function of the site, but Sonic Boom Golf also aims to educate its members through its Continuing Education Sessions, its School of Power<sup>TM</sup> and articles from various guest writers specializing in different areas of golf performance enhancement, including PGA Teaching Pros and Long Drive champions. The end result is an incredible collection of resources designed specifically to improve each member's golf game and health.

Additional internet services are constantly being added to the site. The members section of Sonic Boom Golf will be available mid September. There are multiple articles available on the web site along with a free e-book packed with distance maximizing information. There is also the Virtual Launch Monitor (VLM), the only interactive ball flight simulator that can be found anywhere on the web. It can be used to quickly and easily see how altering different variables involved in producing distance can affect your ball flight, trajectory and overall distance.

Interested parties should tune into the live broadcast at 9PM on August 19<sup>th</sup> on CLTV. A rerun will be played later that evening at 12AM. According to PGA Teaching Pro John Mueller, "Jason has a great understanding of the dynamics of the golf swing and also has an incredible comprehension of the strength and conditioning component that is critical to enhanced golf performance. I am confident that he can improve anyone's power and distance off the tee." For more information please visit [www.sonicboomgolf.com](http://www.sonicboomgolf.com) or e-mail your questions to [Jason.Krantz@sonicboomgolf.com](mailto:Jason.Krantz@sonicboomgolf.com).

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